

## DAILY SKINCARE ROUTINE

### MORNING

- ① **TONE**  
- Revitalising Toner / Alpha Toner Forte / Sebutone
- ② **MOISTURISE**  
- Debut / Mild Day / Classic Day / Rich Day / Ultra Day
- ③ **SUN PROTECTION**  
- RAD SPF 15 / Alpha Day Lotion SPF 15

### EVENING

- ① **PRE-CLEANSE**  
- Pre-Cleanser / SebuPrep
- ② **CLEANSE**  
- Cleansing Cream / Cleansing Gel / SebuWash
- ③ **TONE**  
- Revitalising Toner / Alpha Toner Forte / Sebutone
- ④ **TREATMENT**  
- Super Moisturiser+ / Antioxidant Gel / Colostrum Gel / C-Boost / Retinol 1 / Retinol 2 / Retinol 3 / Roll CIT
- ⑤ **MOISTURISE**  
- Debut / Mild Night / Classic Night / Rich Night / Ultra Night
- ⑥ **EYE TREATMENT**  
- Firming Eye Gel

## WEEKLY MINI-FACIAL @ HOME

### EVENING

- ① **PRE-CLEANSE**  
- Apply Pre-Cleanser / SebuPrep to dry skin. Massage into skin. Concentrate on areas of congestion to dissolve these impurities. Remember this is gentle enough to use over your eyes.
- ② **MICRO-EXFOLIATE**  
- Massage a thin layer of Balancing Masque / SebuMasque into pre-cleanser and skin. Rinse off with water.
- ③ **CLEANSE**  
- Apply Cleansing Cream / Cleansing Gel / SebuWash. Massage in circular movements. Add water, so that your cleanser becomes milky. Rinse off with water. Pat skin dry with towel.
- ④ **TONE**  
- Apply Revitalising Toner / Alpha Toner Forte / Sebutone to cotton wool. Sweep in outward movements to remove any excess cleanser, tighten and refine pores.
- ⑤ **TREATMENT**  
- Apply Super Moisturiser+ / Antioxidant Gel / Colostrum Gel / C-Boost to entire face / areas of concern.
- ⑥ **MOISTURISE**  
- Apply small amount of Debut / Mild Night / Classic Night / Rich Night / Ultra Night to face and neck.
- ⑦ **EYE TREATMENT**  
- Apply Firming Eye Gel to the eye area, with gentle patting.
- ⑧ **MASK**  
- Apply a thin layer of Balancing Masque. Leave on overnight.